

www.upsu.com  
fly@upsu.com



unfold to see  
what's on! →

# WELCOME WEEK

## “WELCOME TO UPSU”

Hello and welcome to the University of Plymouth Students' Union (UPSU). Over the next few weeks we will be hosting our 'Welcome Weeks' to introduce you to union life and all of the opportunities you can experience through your students' union. UPSU is just that- YOUR students' union. We are run for students, by students who consist of a team of full and part-time officers to represent your views within UPSU, the university, the community, and nationally.

Coming up are some major events in the UPSU calendar such as our Sports and Societies Fair (Sunday 27th September, UPSU) where you can sign up to any of our 100 sports clubs and societies. It is a great way to meet new people and try new things. Also we have our Welcome Fair on 23rd-24th where various local and national student focussed business will be visiting campus, as well as our Wel-fair (25th) in which student welfare charities and organisations to give out information and freebies! There will be lots of interactive activities at our Wel-fair and is one not to be missed!

The annual Freshers' Ball is taking place at Oceana on Tuesday 29th September, (please note, this is open to all students, plus a guest!) and with acts such as Calvin Harris and Ministry of Sound, it should certainly be a good night.

There is so much going on at this time of year it can be hard to keep up, so if you need pointing in the right direction, or any help please keep your eyes peeled for our Freshers' Angels, who are here to help everyone find their way around campus, help you make friends, and keep up to date on all UPSU activities.

UPSU is so much more than a bar and a building, so whether you want to chose from our 100 sports clubs or societies, volunteer or raise money for charity, organise a campaign, join Student Parliament, become a course rep, write articles for our newspaper (the Knowledge), become a presenter on UPSU radio, need some advice or guidance, want a job in the bar or shop or as a placement student, want some training with the UPSU Training Academy...or just enjoy a coffee, a beer or a good night out, then UPSU is here for you!  
See you soon,

Aleshia  
president@upsu.com

**FRESHERS BALL**

**TUESDAY 29TH SEPTEMBER**  
**FROM 8PM**

6 ROOMS OF FUN AND MAYHEM TO GET YOU INTO THE STUDENT SPIRIT. IF YOU ARE A FRESHER OR A RETURNER THIS EVENT WILL DEFINITELY BE ONE NOT TO MISS.

**CALVIN HARRIS (DJ SET)**

**GIRLS CAN'T CATCH**

**MASTER SHORTE**

**MINISTRY OF SOUND**  
CLUBBERS GUIDE TOUR

**THE HYPE**

**PLUS A CASINO, MAGICIANS AND LOADS MORE...**

**TICKETS: £18**  
TICKETS ON SALE FROM  
WWW.UPSU.COM, I-SHOP & THE MAIN UPSU BAR  
FROM MONDAY 14TH SEPTEMBER

**DRESS TO IMPRESS**

# Rep, Rep and away!

by Ed Marshall

This year is a special year. No, not particularly because of 'Enterprise'; you can breathe a sigh of relief this isn't some propaganda exercise about that. It's propaganda about Course Reps. If you didn't know already- Course Reps are soaring up into the stratosphere in a glorious rise to glory. Glory and representation; but as we constantly ponder- what does this mean to us, the students? Very simply, it means we have a louder voice to change the university in our names.

For the benefit of the student voice we (UPSU) have invested in: staff and student handbooks, lanyards and cards, and many, many interactive network meetings. We are expanding and our influence is growing. With a new member of staff working for students and a new budget we will bring change to the University from the bottom up. That means we, the students must instruct the university on what we want, and that is why Course Reps are so vital- as communicators- pilots

of change. Tell your course Rep about it and they will get it changed.

This year will bring change (as much as saying that goes against my instinct against slogans and political sound bites). The chosen pilots of representation will inexorably climb into the record books as the most engaging yet. In the words of Obama- "change is coming". If that even vaguely inspired you send me an e-mail. [course reps@upsu.com](mailto:course reps@upsu.com)

# Student Parliament

by Tom Vennard

If you're interested in having your say and want to input your opinion about Plymouth University and the Students' Union (SU) then Student Parliament is for you.

students Campaigns Chair, Education Campaigns Chair, Welfare Campaigns Chair. We are also hoping to recruit 4 Independent Reps and 5 Faculty Reps as well as a student editor for the Knowledge.

If you would like to join student parliament or would like to stand for one of the above positions please contact Tom Vennard [deputyresident@upsu.com](mailto:deputyresident@upsu.com).

Our first meeting will be on Thursday 22nd October in the Hive in the Students' Union at 6.30pm, so please feel free to attend.

Our annual By Elections take place on the (16th-23rd Oct) for part-time officers, with which you can vote on-line at [www.upsu.com](http://www.upsu.com). Please see below for a list of vacant positions. Lesbian, Gay, Bisexual and Transgender (LGBT) Campaigns Chair, Women's Campaigns Chair, Racial and Ethnic Campaigns Chair, Postgraduate Campaigns Chair, Ethics and Environment Campaigns Chair, Students with disabilities Campaigns Chair, Mature

UNIVERSITY OF PLYMOUTH SURF CLUB  
BRITISH UNIVERSITY AND COLLEGES SPORT (BUCS)

## SURF TRIALS

TO BE SELECTED FOR THE B.U.C.S TEAM

### 3RD & 4TH OCTOBER

TO BE PART OF THE SURF TRIALS YOU NEED A SPORTS CARD (£10 FROM THE HIVE, STUDENTS' UNION) AND HAVE SIGNED UP TO THE SURF CLUB.

FOR MORE INFORMATION CONTACT: [SION.JONES@STUDENTS.PLYMOUTH.AC.UK](mailto:SION.JONES@STUDENTS.PLYMOUTH.AC.UK)



DO YOU WANT TO WRITE FOR THE KNOWLEDGE

CONTACT [theknowledge@upsu.com](mailto:theknowledge@upsu.com)

SPORTS & SOCIETIES FAIR

UPSU and ROLAND LEVINSKY BUILDING  
**SUNDAY 27TH SEPT** 12NOON - 8PM

## YOU NEED A SPORTS CARD TO JOIN A CLUB

AVAILABLE FROM UPSU

ABOUT THE QUEUES - PICK UP YOUR SPORTS CARD IN ADVANCE FROM THE 21ST SEPTEMBER IN THE STUDENTS' UNION

[WWW.UPSU.COM](http://WWW.UPSU.COM) FOR MORE DETAILS

**n u s EXTRA**

SPORTS CARD £10    NUS EXTRA £10    NUS EXTRA WITH SPORTS CARD £18



BBC RADIO 1 CHAPPERS & DAVE 2

OCTOBER 2009 FROM 10PM IN SUB-LIME

FRESHERS BALL

TICKETS £10. ON SALE FROM [WWW.UPSU.COM](http://WWW.UPSU.COM) 12:30PM @ THE MAIN UPSU BAR FROM MONDAY 14TH SEPTEMBER

TUESDAY 20TH SEPTEMBER

oceanic CALVIN HARRIS (DJ SET)

THE HYPE MASTER SHORTE GIRLS CAN'T CATCH HALF LITTLE CROYAL FAMILY, TWO PINTS... PLUS A CASINO, MAGICIANS AND LOADS MORE...

MINISTRY OF SOUND CLUBBERS GUIDE TOUR

## Easy Sudoku

	5	6			4	8		
1			3		8			5
9				7				2
	2					5		
		9		1	8			
	8					3		
7				8				4
8			5		2			3
	1	5				9	6	

## Difficult Sudoku

3				7	6			
8								
		4	1			7	5	
		6	5			8	1	
	3	9			4	2		
	2	8			7	4		
								2
				8	6			3

Fill the grid so that every row, every column and every 3x3 box contains the numbers 1 to 9



# Future's bright, the futures sport?

Have you ever sat down in your halls or house with your mates and discussed the future of sport? Or what could/should be better?

Well if you didn't already know, at this present moment the future of sport is being discussed and I am having a very large role within it. Do you care whether competitive sport is removed from the agenda for sport? If so, come and let me know your views. If you do not voice your opinion then there is

very little chance that I can fight for your specific needs.

At this stage it is very early days and we are discussing all the subject areas and outcomes that we would like to see from sport. I am your student voice and give 'your' opinion within this process, however, without your input and thoughts it will be mainly my opinion only; and I think many people will be disappointed if I had not consulted them. So, here I am opening up discussions,

debates and ideas on what is most important to students. In a few months we will be looking at having an open debate within Sports and Societies Committee and discussing various issues and seeing what people think. What it comes down to is your influence and you standing up to what you are passionate about. Come and have a chat or give me an email ([vpssports@upsu.com](mailto:vpssports@upsu.com)).

Chris  
VP Sports

## Devon Games to Inspire by Jo Reed (RELAYS)

The Devon Games to Inspire (GTI) 2009 was held in Barnstaple on Sunday 5th July. This event has replaced the Devon Youth Games that has run with great success for the last ten years at venues across the county. In addition to the traditional Devon Youth Games sports competitions GTI has expanded to include a wide ranging programme of cultural events and activities to reflect the links between culture and sport, in the run up to the 2012 London Olympics and Paralympics.

and street sports on the new Rock Skate Park. These ran alongside traditional sports including indoor athletics, hockey, netball, cricket, tennis, table tennis, gymnastics, volleyball, tetrathlon and tag rugby.

Devon Youth Service also staged a number of cultural activities at the event for young people under the new name "Konya Mika."

Ruth Lorenzo and Diana Vickers (X Factor) appeared live on stage rounding off an afternoon of live music performances by a number of talented young bands from across Devon. Both stars presented the fair play trophy and winner's trophy.

Plymouth University Student Volunteers were recruited along with volunteers from local sports clubs to assist with the running of the event. A total of 122 volunteers were involved. A special thank you to Steve T'abois, Mary Kate O'Connor, Victor Apiafi, Danielle Newman,



Stacey Harris, Karen Turvey and David Hedges for all their help and dedication to the games.

All together a total of 4000 people were estimated to have attended the games including all participants, spectators and volunteers. The event was organised by Jo Reed (RELAYS School Events Co-ordinator), who is

based in the Volunteering department in the Hive. GTI 2009 was also organised by North Devon Council and is funded by Devon County Council, Babcock Marine and Team Devon. The event was also supported by local and unitary authorities from across Devon, Barnstaple Town Centre Management, Devon Youth Service, Dance in Devon, Aim Higher and The Bridge Trust.



A total of 1453 participants took part between the ages of eight and eighteen, in teams from 10 different local authorities across the county. The sports teams were selected via a series of trials and training sessions.

The new activities GTI brought included dance workshops, High 5's



Images courtesy of David Hedges

please recycle

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If you would like to be involved with any similar events in the future or are interested in volunteering with sports/ working with children, Please contact Jo Reed.  
Email: [joanna.reed@su.plymouth.ac.uk](mailto:joanna.reed@su.plymouth.ac.uk)  
or phone 01752 588389

